

# FEBRUARY 2023

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns Contact Nutrition Services (530) 743-4428 or mdelong@plusd.org

#### Friday Thursday Wednesday Tuesday Monday 3 2 Fresh Baked Cinnamon Roll Pop Tarts Apple Frudel Bagel w/ Cream Cheese Bagel w/ Cream Cheese Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Cereal Bowl Variety of Fruit & Juice Variety of Fruit & Juice Variety of Fruit & Juice Fresh Baked Turkey Sausage Cinnamon Roll **Assorted Muffins** Mini Waffles Breakfast Pizza Mini Pancakes Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Variety of Fruit & Juice 16 NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL Fresh Baked 22 23 21 20 Cinnamon Roll French Toast Sticks Mini Cinni **Buttermilk Bar** Bagel w/ Cream Cheese NO SCHOOL Bagel w/ Cream Cheese Bagel w/ Cream Cheese Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Variety of Fruit & Juice 27 All meals are served with the choice of Pizza Bagel Pancake Wrap 1% white milk or Bagel w/ Cream Cheese Bagel w/ Cream Cheese nonfat chocolate milk. Cereal Bowl Cereal Bowl Variety of Fruit & Juice Variety of Fruit & Juice

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



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### Monday

Pizza Pocket Or Chimi Nada Green Beans Baby Carrots - Salad Apple – Pineapple Chunks Fruit Roll Up

NO SCHOOL

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Mini Corn Dogs Or Soft Pretzel w/ Cheese Green Beans Baby Carrots - Salad Apple – Pineapple Chunks Fruit Roll Up

## Tuesday

#### Beef Taco Stick Or Bean & Cheese Burrito Refried Beans Baby Carrots – Salad Orange - Diced Pears Goldfish Crackers

#### NO SCHOOL

Twin Cheeseburgers 21 Or Grilled Cheese Sandwich Steamed Corn - Baked Beans Baby Carrots - Salad Orange - Diced Pears Chips

28 Taco Pocket Or Bean & Cheese Pupusa Elote Corn - Salsa - Sour Cream Baby Carrots - Salad Orange - Diced Pears Tortilla Chips

## Wednesday

Chicken Sandwich Or Sunbutter & Jelly Sandwich Mashed Potatoes - Baby Carrots Shredded Lettuce - Tomatoes Apple - Mixed Fruit Ice Cream Cup

Hamburger Or Sunbutter & Jelly Sandwich Roasted Broccoli Baby Carrots - Salad Apple – Mixed Fruit Rice Krispie Treat

NO SCHOOL

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Orange Chicken Rice Bowlo

Or Edamame & Rice Bowl Stir Fry Veggies Baby Carrots - Salad Apple - Mixed Fruit Ice Cream Cup

All meals are served with the choice of 1% white milk or nonfat chocolate milk.

## Thursday

Ham & Cheese Melt Or Grilled Cheese Sandwich Steamed Corn Broccoli - Salad - Carrots Pear - Diced Peaches Fruit Roll Up

**Heart Nuggets** You're the Mac in my Cheese Peas of my Heart Broccoli - Salad - Carrots Pear - Diced Peaches Valentine Cookie

#### NO SCHOOL

16

Corn Dog Or Cheese Pull Aparts Steamed Peas Broccoli - Salad - Carrots Pear - Diced Peaches Gold Fish Crackers

## Friday

Domino's Smart Slice Cheese Or Pepperoni Pizza Caesar Salad - Cucumber Sticks - Baby Carrots Variety of Fruit Chocolate Chip Cookie

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